

Chemical Peel Aftercare Form

- You may gently wash your face and apply provided emollient moisturizer.
- Use SPF 30 daily and NO sun exposure.
- You will notice your skin may be slightly reddened and swollen, if a blister appears apply antibiotic ointment and call physician.
- You will notice your skin will start to flake and peel, it is crucial you do NOT pick or “help” remove the skin as this could lead to scarring and/or pigmentary changes
- Keep the treated area lubricated to prevent crusting or scabbing of tissue.
- Avoid sun exposure 4 weeks pre and post treatment.
- Use total sunblock, SPF 30 daily over the treated area to prevent hyperpigmentary changes in the treated area.
- You may be started on a special cream to reduce post treatment inflammation and prevent pigment changes in your skin, it is important to continue this medication until completion.
- You may apply cosmetics to the treated area as long as there is no break in the skin.
- Mild residual redness or mild burning may occur, but should resolve over next 24-72 hours.
- Notify Dr. O’Shaughnessy or Staff at Eternity Aesthetics if any:
 - Increasing redness or swelling over the treated area
 - Pustule formation
 - Fever
- One can begin to see improvements in the treated area within one week of treatment, but will ideally obtain the greatest benefit with a series of 6 treatments one treatment every 4-6 weeks.
- If you have any further questions please do not hesitate to call our office at (212) 532- 0002