

## **Microdermabrasion Aftercare Form**

- You may apply cold packs if needed to reduce redness.
- You will notice your skin may be slightly reddened and swollen, if a blister appears apply antibiotic ointment and notify the physician.
- You may gently wash your face and apply moisturizer.
- Use total sunblock, SPF 30 daily over the treated area to prevent hyperpigmentary changes in the treated area. Try to avoid sun exposure.
- You may apply cosmetics to the treated area as long as there is no break in the skin.
- Mild residual redness or mild burning may occur, but should resolve over next 24-48 hours.
- Notify Dr. O'Shaughnessy or Staff at Eternity Aesthetics if any:
  - Increasing redness or swelling over the treated area
  - Pustule formation
  - Fever
- One can begin to see improvements in the treated area within one week of treatment, but will ideally obtain the greatest benefit with a series of 6 treatments one treatment every 4 weeks.
- If you have any further questions please do not hesitate to call our office at (212) 532- 0002